

SERVICE PROVIDERS

A Directory of Services for the Elderly and Disabled of Seymour, Connecticut

Callahan House Association

Prepared by:

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COUNSELING

BHcare

203-736-2601

435 E Main St. Ansonia, CT 06401

www.bhcare.org

Hours: Monday-Friday, 8am-5pm

BH Care offers outpatient services including: Psychiatric and Substance Abuse Evaluations & Treatments including (Individual and Group Therapy, Substance Abuse Treatment, Dual Diagnosis Treatment, Intensive Outpatient Program), Medication Management, Counseling Services in Spanish, 24-Hour Crisis Services, Tobacco Cessation Services, Primary Care and Wellness Services (Health Management Strategies for Recovery), & Jail Diversion

Community Services Include:

- Adult Community Support Services (CSS)
- Young Adult Services (YAS)
- Housing Services
- Outreach and Engagement
- Self Help/Mutual Support Groups
- Family Support

Catholic Charities

203-735-7481

Lower Naugatuck Valley

205 Wakelee Avenue Ansonia, CT 06401

www.ccaoh.org

Motivated by Christ's social teachings and respect for the richness of diversity, Catholic Charities exists to promote the dignity, self-sufficiency and human potential of those in need.

Christian Counseling and Family Life Center

203-929-1117

25 Church Street, Shelton, CT 06484

www.christiancounselingflc.org/

Hours: Monday-Friday

Christian Counseling and Family Life Center is a non-profit, non-denominational mental health agency that provides a high level of professional psychotherapy and medication management to individuals of all socio-economic means.

Cornell Scott Hill Health Center

203-503-3000

121 Wakelee Ave, Ansonia, CT 06401
www.hillhealthcenter.com

Medical

Hours: Monday – Thursday, 8:30 a.m. to 7:00 p.m.
Friday, 8:30 a.m. to 5:00 p.m.

Mental Health & Counseling Services

Hours: Monday, Tuesday and Thursday, 8:30 a.m. to 5:00 p.m.
Wednesday, 8:00 a.m. to 7:00 p.m.
Friday, 8:00 a.m. to 1:00 p.m.

Health Center providing the following services: Adult Mental Health & Counseling, Child and Family Guidance, Internal Medicine, Nutrition Services, Pediatrics, Podiatry, Substance Abuse Treatment and Walk-in clinic

Family Services of Greater Waterbury

203-720-5060

16 Hillside Avenue, Naugatuck, CT 06770
www.familyservicesgw.org/

Hours: Monday-Thursday, 8:30am- 8:30 pm
Friday, 8:30 am- 5pm
Saturday, 9:00 am-2:00pm

Family Services of Greater Waterbury is a multi-service agency offering a range of social services involving behavioral health, employment support, and children's programs.

Griffin Hospital

203-732-7470

130 Division St, Derby, CT 06418
www.griffinhealth.org

Provides acute care serving the lower Naugatuck Region of CT. Offers Crisis Intervention Service, Inpatient Psychiatric Services, & Outpatient Psychiatric Services

Inpatient psychiatric services include:

- Stabilization of mood disorder and other behavioral health disorders
- Alcohol and drug detoxification and treatment of additional psychiatric disorders
- Inpatient Suboxone® induction in conjunction with an outpatient maintenance program

Outpatient psychiatric services include:

- 24-hour crisis intervention and consultation services
- Outpatient Psychiatric Clinic for adults
- Chemical Dependency Partial Hospital Program & Intensive Outpatient Program (IOP)

- Adult Mental Health Partial Hospital Program & Intensive Outpatient Program (IOP)
- Hospital consultation and liaison service for inpatients

DENTAL CLINICS

Cornell Scott Hill Health Center

203- 736-5460

30 Elizabeth St. Derby, CT 06418

Hours: Monday, Tuesday, Wednesday and Friday, 8:30 a.m. to 5:00 p.m.

Thursday, 8:30 a.m. to 8:30 p.m.

CHILD/ADULT/ELDER ABUSE

Child Abuse and Neglect Care line (Ages 0 to 18)

1-800-842-2288

Elderly Protective Services (Ages 60+)

203- 974-8193

FOOD BANKS AND SERVICES

Kathleen Samela Memorial Food Bank at Christ Church

203-734-2715

56 Cliff St Ansonia, CT 06401

Hours: Wednesdays through Fridays from 9am-1pm, by appointment.

Church based food pantry open to residents of the Valley area

Salvation Army

203-736-0707

26 Lester St. Ansonia CT 06401

Hours: Please call for appointment; Food Pantry: T,Th: 10am-12noon; 12:30-2pm; Bread and

pastries: F: 10am-12noon; Other hours by appointment

Trinity Church/ Seymour Oxford Food Bank

203-888-7826

Serving Seymour and Oxford

91 Church St. Seymour, CT 06483

Food pantry provides food for Seymour and Oxford residents in need. Clients may use the food pantry once a month, and must call for an appointment. Food is dispersed Tuesdays and Thursdays.

HEALTH CARE

Cornell Scott Hill- Health Center

203-503-3000

121 Wakelee Ave, Ansonia, CT 06401

Monday – Thursday, 8:30 a.m. to 7:00 p.m.

Friday, 8:30 a.m. to 5:00 p.m.

Health Center providing the following services: Adult Mental Health & Counseling, Child and Family Guidance, Internal Medicine, Nutrition Services, Pediatrics, Podiatry, Substance Abuse Treatment & Walk-in Clinic

Griffin Hospital

203-732-7470

130 Division St, Derby, CT 06418

www.griffinhealth.org

Provides acute care serving the lower Naugatuck Region of CT. Includes Griffin Hospital mobile health resource van which focuses on preventive health services and providing health education and screening services, the van is equipped with cholesterol, osteoporosis, diabetes and blood pressure screening equipment, as well as an educational materials.

Programs include:

- Bariatric Exercise Program
- Childbirth Education Classes
- Community Outreach & Valley Parish Nurse Program
- Health Initiative for Men
- Healthy U Educational Series
- Live Well
- Look Good Feel Better
- Medi-Weight loss
- Mini Med School
- Mobile Health Resource Center
- Personal Emergency Preparedness
- Support Groups
- Tobacco Cessation
- Valley Women's Health Initiative

- Weight Loss Exercise & Fitness
- Wellness for Life

St. Raphael's Hospital

203-789-3000

1450 Chapel St, New Haven, CT 06511

Ynhh.org

Includes geriatric clinic, Parish Nurses, Project Brotherhood (cancer prevention, education and screening for men), Project Eldercare (bringing health services home for seniors), Sister to Sister (a program based on reaching out to African American women to help stop breast cancer). Yale-New Haven Hospital Saint Raphael Campus is a participant in the Connecticut Breast and Cervical Cancer Early Detection Program (CBCCEDP). This program is offered in conjunction with the Connecticut Department of Public Health and provides free breast and cervical cancer screening and diagnostic services. Eligibility criteria to participate in the program are women, who are 40 and older, uninsured or underinsured and have a low income.

NOTE: Women who participate in this program may also be eligible to participate in WISEWOMAN, a program offering free blood pressure, cholesterol and diabetes screening. For more information, please call 203.867.5436

<http://www.ynhh.org/src/services/community-programs/default.aspx#Sister>

- Smiles to Go (the dental clinic on wheels)
- The HOPE Program (helping women move from welfare to work), and WIC (for women and children in need)

The HOPE Program (Having the Opportunity to Prepare for Employment) is an award-winning initiative that provides training, education and counseling to adults who are making the transition from welfare to work. Initially targeted to women, the program now includes men. More than 100 adults have graduated from the program since its launch in 1996. Participants receive classroom training and one-on-one mentoring on topics such as interviewing, resume preparation, time management and customer services, and are taught about workplace diversity and meeting employer expectations.

Waterbury Hospital

203-573-6000

64 Robbins St, Waterbury, CT 06708

www.waterburyhospital.org

Provides acute care offering complete inpatient and outpatient services.

Yale- New Haven Hospital

203-688-4242

20 York St, New Haven, CT 06510

www.ynhh.org

Yale New Haven Hospital is a medical facility which includes a children's hospital, psychiatric hospital, clinics and programs. Primary teaching hospital for Yale University School of Medicine.

HOTLINES/WARM LINES

Valley United Way 211

34 Grove St. Shelton, CT 06484
www.valleyunitedway.com

Hours: Monday-Friday 8:30am - 4:30pm

Mission: to improve lives by mobilizing the caring power of our community through philanthropy, volunteerism, and collaboration.

LEGAL SERVICES/ ADVOCACY

Center for Disability Rights

203-934-7077

764-B Campbell Ave. West Haven, CT 06516
www.cdr-ct.org

CDR is a membership organization of persons with disabilities that operates a Center for Independent Living (CIL).

Center for Medicare Advocacy

860-456-7790

P.O. Box 350 Willimantic, CT 06226

The Center for Medicare Advocacy, Inc., a national nonprofit, nonpartisan law organization that provides education, advocacy and legal assistance to help older people and people with disabilities obtain fair access to Medicare and necessary health care.

Consumer Law Project for Elders

800-296-1467

Hours: Monday – Friday, 9:00 am – 5:00 pm
www.ctelderlaw.org

The Consumer Law Project for Elders (CLPE) is a project of Connecticut Legal Services, a nonprofit law firm. Persons age 60 and older of any income and asset level can call the CLPE Hotline with a consumer problem. Younger persons can call the hotline on behalf of individuals who are at least 60 years of age.

New Haven Legal Assistance Association, Inc.

203-946-4811

426 State Street, New Haven, Connecticut 06510-2018

Provides high-quality legal services to individuals and groups unable to obtain legal services because of limited income, age, disability, discrimination and other barriers.

State of Connecticut

Department of Rehabilitation Services

Bureau of Education and Services for the Blind

860-602-4000

184 Windsor Avenue Windsor, Connecticut 06095

<http://www.ct.gov/besb/site/default.asp>

The Bureau of Education and Services for the Blind (BESB), within the Department of Rehabilitation Services provides resources, comprehensive low vision services, specialized education services, life skills training, case management, and vocational services to individuals of all ages who are legally blind and to children who are visually impaired.

MOBILE CRISIS SERVICES**BHcare**

203-736-2601

24-Hour Crisis Services

BHcare provides both on-site and mobile crisis services, 24 hours per day, 7 days per week, for those clients who experience severe or critical mental health episodes.

Griffin Hospital

203-732-7470

130 Division St, Derby, CT 06418

www.griffinhealth.org

Provides acute care serving the lower Naugatuck Region of CT. Offers Crisis Intervention Service, Inpatient Psychiatric Services, & Outpatient Psychiatric Services.

MULTI-SERVICE AGENCIES**Salvation Army**

203-736-0707

26 Lester St. Ansonia, CT 06401

Weekly Schedule:

Financial Assistance Monday and Wednesday, **By Appointment**

Sunday

9:30 - 10:00 a.m. – Fellowship/Coffee

10:00 - 10:45 a.m. – Sunday School

11:00 a.m. - 12:30 p.m. – Worship Service

Tuesday

10:00 a.m. - 12:00 p.m. and 12:30 - 2:00 p.m. – Food Pantry

Wednesday

5:00 p.m. – Women and Children's Ministries

Thursday

10:00 a.m. - 12:00 p.m. and 12:30 - 2:00 p.m. – Food Pantry

Friday

10:00 a.m. - 12:00 p.m. – Bread and Pastry Program

So. Central CT. Agency on Aging

203-785-8533

One Long Wharf, New Haven, CT 06511

www.aoascc.org

Hours: Monday- Friday, 9am-5pm

Provides a wide range of services for elderly and disabled. Services for the elderly include planning, coordination, education and funding of community based services.

Team Inc.

203-736-5420

30 Elizabeth ST. Derby, CT. 06418

teaminc.org

Hours: Monday-Friday, 9am-5pm

Community Action Agency -Services for elderly include home making, subsidized medical Transportation, Meals on Wheels, Senior Community Cafés, Griffin Hospital Senior Meal Choice, and Volunteer Caregivers. Also serves as an information and referral resource to seniors and their families.

Valley United Way

203-926-9478

34 Grove St. Shelton, CT 06484

www.valleyunitedway.com

Hours: Monday-Friday, 8:30am-4:30pm

Mission: to improve lives by mobilizing the caring power of our community through philanthropy, volunteerism, and collaboration.

RECREATION & SOCIAL ACTIVITIES**Seymour Senior Center**

203-888-2507

Hours: Mon-Thurs, 8:00am-5:00pm**Seymour Public Library**

203-888-3903

46 Church St, Seymour, CT 06483

Library Hours:

- Sunday & Monday: Closed
- Tuesday & Wednesday: 9:00 a.m. – 8:00 p.m.
- Thursday: 9:00 a.m. – 5:30 p.m.
- Friday: 9:00 a.m. – 5:00 p.m.
- Saturday: 10:00 a.m. – 4:00 p.m. (Closed Saturdays During July & August)

SOCIAL SERVICES**Department of Social Service**

1-855-626-6632

50 Humphrey St. New Haven, CT 06513

<http://www.ct.gov/>

The Department of Social Services provides a broad range of services to the elderly, people with disabilities, families, and individuals who need assistance in maintaining or achieving their full potential for self-direction, self-reliance and independent living.

Programs provide by the Department of Social Services include

- Community programs
- Funeral Allowance for SAGA
- Out-of-State Transportation
- Supplemental Nutrition Assistance Program (SNAP)
- State Administered General Assistance (SAGA) Cash Assistance

- State Supplement Cash Assistance
- Temporary Assistance for Needy Families

Additional programs include:

- Acquired Brain Injury
- Connecticut Home Care Program for Elders (CHCPE)
- Conservator program
- Personal Care Assistance (PCA) Services
- Protective services for the elderly
- Medicaid
- Medicare Savings Plan
- Winter Heating Assistance Program

SUBSTANCE ABUSE AND ADDICTION

BHcare

203-736-2601

435 E Main St. Ansonia, CT 06401

www.bhcare.org

Hours: Monday-Friday, 8am-5pm

BH Care offers outpatient services including: Psychiatric and Substance Abuse Evaluations & Treatments including (Individual and Group Therapy, Substance Abuse Treatment, Dual Diagnosis Treatment, Intensive Outpatient Program), Medication Management, Counseling Services in Spanish, 24-Hour Crisis Services, Tobacco Cessation Services, Primary Care and Wellness Services (Health Management Strategies for Recovery), & Jail Diversion

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TRANSPORTATION SERVICES

Greater New Haven Transit District (para transit) 203-288-6643

840 Sherman Avenue Hamden, CT 06514

Hours: Monday-Friday, 5:15am-7:45pm

Saturday, 6:00 am-7:15am & Sunday- no service

LogistiCare 1-888-248-9895

LogistiCare implements and manages complex non-emergency transportation programs

Seymour Senior Center 203-888-2507

Monday bus is available for Doctor's Appointments all day from 12:30-1:30PM on Tuesday, Wednesday and Thursdays.

Team Inc. 203-736-5420

30 Elizabeth ST. Derby, CT 06418

teaminc.org

Hours: Monday-Friday, 9am-5pm

Community Action Agency -Services for elderly include home making, subsidized medical Transportation, Meals on Wheels, Senior Community Cafés, Griffin Hospital Senior Meal

Choice, and Volunteer Caregivers. Also serves as an information and referral resource to seniors and their families.

Valley Transit District

203-735-6408

(Provides discounted rate for seniors (60 and over) or riders with ADA Certification)

Valley Transit District is a public transit agency that operates a fleet of 14 minibuses on a reserved ride basis. Simply call our dispatching center to schedule your ride before **5pm** the previous business day. If you are a Valley Transit District **certified ADA passenger** and the prior day is a weekend or holiday, a trip request may be left on the VTD reservation automated voicemail between the hours of 8 a.m. and 5 p.m.